

Newburgh Senior Center

October 2014



Newburgh Senior Center

529 Jefferson St.

Newburgh, IN 47630 (812) 853-5627 Fax: 853-5629

NewburghSeniorCenter.com Lisa1ashlyn@aol.com

Hours: Monday - Friday, 9am to 2pm

Lisa Ashby Goff, Manager



Happy Birthday

Agnes Spillman - October 02

Joan Holsapple - October 02

Margie Black - October 07

Charles Koewler - October 08

Cora Lee Grant - October 10

Georgia Abshier - October 10

John Smith - October 25

Margaret Anderson - October 28

Bennie Grant - October 30

Suzan Sorenson - October 31

Melissa Meredith - October 31

Thanks to our Business Sponsors for 2014:

*Bayer's Plumbing- (812) 853-2305- is our Sundae/Fruitful Fridays sponsor.

*Heritage Federal Credit Union-(812) 253-6928-is our Internet Cafe/Printer sponsor.

*Ohio Township-Activity Sponsor

*Titzer Funeral Homes-(812) 853-8314 - is our Birthday Cake sponsor.

*Tom and Penny Bodkin- Our Landscape and Garden Sponsors

*Family of Tennis Hatfield-National Christian Foundation -Newspaper Sponsor

"Porkapalooza" BBQ Fundraiser

for

Newburgh Senior Center

When: Fri & Sat, October, 03 & 04

BBQ Pick Up on Sat, Oct 4 from 11am to 2 pm

On sale for pick up at the Senior Center on Sat, Oct 4th

Full Slab of Baby Back Ribs: \$25

Smoked Pork Tenderloins: \$15 each or 2 for \$25

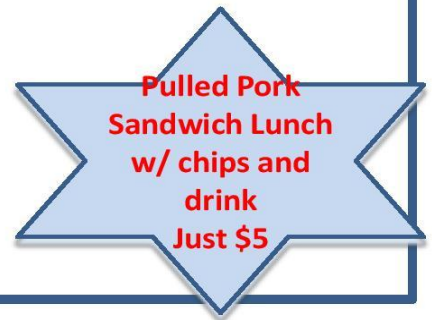


Pre- Order Your BBQ

Pre-Order now by calling Lisa at the Newburgh Senior Center at 812-853-5627 or by calling Colleen at 812-598-8332.



**Lunches available Friday
& Saturday 10 am til 2pm**



As we go to print, we are excited about Porkapalooza 2014. We know it will be a huge success! Thanks to the Newburgh BBQ Coalition "NBC" friends, all our donation and business sponsors, volunteers, and patrons who made this yet another successful event.

***Newburgh BBQ Coalition**

***Sterling Boiler-Dan and Rhonda Felker**

***Park Place Apartments-Ubelhor Family**

***5 Star Security-Chad Bennett**

***Judy Lopez**

***Crickets-Brad and Mollie**

***David Zengler, Attorney at Law**

***Friends of Newburgh**

***The Martin Family**

*** Archie & Clyde's**

***Lisa Garrett, the Warrick County Party Crasher**

*** Celebrity Chefs**

NOTICE—NOTICE-NOTICE-changes you need to know

****The Center will be closed Wednesday, October 08, for "Deep Cleaning" of our floors by Alcoa Volunteers from Warrick Operations. We will reopen Thursday. Thank you Alcoa Volunteers for your service and support this year and over the years!

****We will be open Monday, October 13-Columbus Day, but there will be no SWIRCA lunch that day. Please bring a covered dish and enjoy our carry-in meal at 11:30. Clabber club at noon.

****Tai Chi is now meeting at Zion UCC on Jennings and First. We are still meeting at same times: 9:30am for beginners and 10:00am for advanced students. Please enter via the south door near the parking area.

We appreciate our October Day Sponsors:

October 03 is sponsored by Ray Graham in celebration of his wife Teresa's birthday. Happy Birthday Teresa. Thank you Ray for serving on our Board of Director. Thank you Ray and Teresa for being such good friends of the Center.

October 10 is sponsored by Family Dentistry of Newburgh in honor of Dental Hygiene Month. At Family Dentistry, the dental practice of Dr. David Ogle, Dr. Samuel Schmitz, Dr. William Hart, and Dr. F. David Fickas, the focus is on treating patients like family. Family Dentistry offers a comfortable, professional, and fun environment for creating beautiful smiles and building lifelong relationships with patients of all ages. Their phone number is [812-853-3313](tel:812-853-3313). Thank you Family Dentistry for building a relationship with the Center.

October 17 is International Credit Union Day and is sponsored by Heritage Federal Credit Union. Thank you HFCU for being our internet sponsor for the past 3 years and being so good to us and other organizations in our community. We are excited about seeing your new building in Newburgh. Thank you so much for being a community based organization for almost 50 years.

October 31 -Halloween is sponsored by several anonymous Day Sponsors. They encourage all of us to drive carefully and watch out for children who may be trick or treating. Thank you our Silent Day Sponsors. We appreciate you being donors to the Center.

Some More Upcoming Events in October:

***Grant Music Fest** -at the home of Bennie & Cora Lee Grant, 5144 Bethany Church Road, Boonville on Saturday, October 4th 11am to after dark. Bring a covered dish and a chair. Call 812-853-3646

***Card-making with Jane** is Friday, October 17th at noon.

HEALTH ACTIVITIES

****Arthritis Foundation exercise** is Monday, Tuesday, and Friday at 11am.

****Second Tuesday of each month** at 10:30 am, "Exercise with a physical therapist" from Woodlands-Golden Living Center.

****"Stretch and Go Yoga with O"** is every Wednesday at 10:45am. A \$4 donation is encouraged.

****SWIRCA exercise** is Thursdays at 12:30.

***Tai Chi with Sifu Ron Weatherford** at Zion UCC is Thursday mornings at 9:30am. If you can't make this day and time please visit sifuron.com for a class schedule of other locations and times.

Newburgh Senior Center is a WATS (Warrick Area Transportation System) bus stop. It only costs 50 cents each way for seniors. If you would like a personal scheduled ride from your home to the Center and return, call 812-254-3225. It's a great way to get around and cheaper than driving your car.

"Senior Class" Kazoo Band

Please mark your calendars for the following dates:

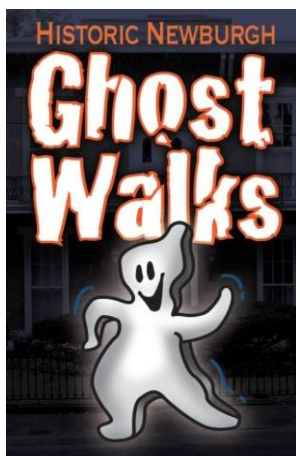
Thursday, October 02, after exercise- Practice at the Center

Thursday, October 09 at 2:30 pm at Woodlands- Please be there by 2:15 pm

Thursday, October 16 at 1:30 pm at Bell Oakes Assisted Living-Please be there by 1:15 pm (behind Showplace Cinema)

Thursday, October 23 at 2:30 pm at Signature (behind Atria) - Please be there by 2:15pm.

Wednesday, October 29 a 2:30pm at Newburgh Healthcare on Pollock- Please be there by 2:15pm



Historic Newburgh's annual Ghost Walks are the third weekend in October. Please call 853-2815 or visit historicnewburgh.org for info.

SWIRCA SHIP News

Boy does time fly. It is almost **Open Enrollment** time again. Each year, from **October 15th** - **December 7th**, Medicare beneficiaries have the opportunity to review their health care and prescription drug plans and make changes if they choose to. We do encourage you to look over your plans and decide if your health care needs are being met at an affordable rate for you. It is good to take a look at the **prescription drug (Part D)** plan you are enrolled in and review whether all of your medications are covered under your current plan. There are assistance programs offered by the state that can help Medicare beneficiaries pay their Part A (inpatient coverage) and Part B (outpatient coverage) costs as well as Part D (prescription drug) costs. A SHIP counselor can determine whether you qualify based on your income.

If you would like to make an appointment to review your current Medicare drug or health plan, please feel free to call Melissa Meredith, a SWIRCA employee and Certified State Health Insurance Assistance Program counselor, at (812) 589-2813 or SWIRCA at 1-(866)-400-0779. SWIRCA has a SHIP office located inside the Newburgh Senior Center and will be glad to schedule an appointment for you. If you are unable to travel to Newburgh or Evansville, a SHIP counselor can meet with you closer to home. Don't let **Open Enrollment** time pass you by. Call today for your appointment.