

Newburgh Senior Center April 2012 Newsletter



Newburgh Senior Center
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Hours: Monday - Friday, 9am to 2pm

Lisa Goff, Manager

"For those of you who signed up for the Derby Dinner Theater day trip, be sure your calendar is marked for Wednesday, May 9. We will car pool from the senior center to Washington Square Mall, where we will board the tour bus. We will be leaving early that morning; the actual departure time will be announced soon..."

Happy Birthday

Larry Schaumberger - April 8
Carl Bausch - April 15
Wanda Smith - April 20
Cam Gaudet - April 23
Orville "Bud" Huber - April 30

Welcome new members:

Janet Anderson
Mary Barrett
Carman Edmonson
Alice Gross
John Hancock
Donna McDowell
Debra Racey
Nancy Satterfield
Nancee Stahlke
Wanda Tisdale

We appreciate our April Day sponsors

April 07-World Health Day sponsored by Dr. Vern and Fran Vix. Thank you for your support of the Center and our community.

April 22-Earth Day is sponsored by Don and Judy Lee of Don Lee Century 21 Realty. You are so kind to us.

April 24-National [Plumber's Day](#)-Thank you Bayer Plumbing for being our Sundaes Friday sponsor for 2012.

Coming up this month:

*"Grandfriends" is Tuesday, April 10 at 10:15. Thanks to all our mentors!

*Card-making with Jane is Wednesday, April 11 at noon.

*Gospel music with "Heavenly Express" is Friday, April 13 at noon.

*United Way's "Spring into Caring" is Friday, April 20.

*Classic country music with Curt Bourland is Wednesday, April 25 at noon.

*Grillin' out with Gerald is Friday, April 27 followed by bingo with Kyle Krantz and April birthdays cake.

"Senior Class" Kazoo Band April 2012

Please mark your calendars for the following dates:

Thursday, April 05-After lunch/exercise- Practice at the Center

Thursday, April 05- 2:30 pm at Newburgh Healthcare.

Thursday, April 12-at 2:30 pm at Angel River

Thursday, April 19 at 2:30 pm at Woodlands

Community:

The second annual Rivertown Trail 5K Run is scheduled for Saturday, May 5. We still need more senior volunteers to help at town hall on Friday, May 4. This is a great way to show our gratitude and support for the town of Newburgh. See Lisa to sign up for a time slot to volunteer.

AARP Tax Preparation Schedule for April: Tuesdays at Newburgh Central Library from noon to 4pm, April 3 and April 10

Health & Wellness:

*Thanks to the USI student nurses for their health presentations they researched and presented for us.

*Breckenridge School of Nursing students visit us on Thursdays for blood pressure checks.

*Walking Club meets Fridays at the center at 9:30 a.m. Please see Lisa or Ruth Edgerton to discuss other days/times you may be interested in walking together.

*Tai Chi for beginners is Thursdays at 9:30; advanced at 10:00.

*Zumba Gold is Tuesdays at 1pm.

*SWIRCA exercise is Thursdays at 12:30.

*Arthritic Stretch Monday, Wednesday, and Friday at 11:00.

Thanks to our Business Sponsors for 2012:

*Bayer's Plumbing- (812) 853-2305- is our Sundae/Fruitful Fridays sponsor.

*Heritage Federal Credit Union-(812) 253-6928-is our Internet Cafe/Printer sponsor.

*Titzer Funeral Homes-(812) 853-8314 - is our Birthday Cake sponsor.

*Zion UCC Church, Newburgh, is our Hospitality Sponsor.

