

# Newburgh Senior Center Activities

## August 2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	3 *11:00 Exercise *Noon-Clabber Club	4 *10:00 Knit & Crochet *10:00 iSeniors *11:00 Exercise *Foot Care	5 *11:00 Exercise *Noon – NPD Sr. Safety and Canine Unit *1:00 Euchre	6 *9:30, 10:00 Tai Chi *12:30 SWIRCA Exercise	7 *11:00 Arthritis Stretch *Noon-Bingo-Hamilton Pointe	8 SWIRCA Lunch is \$3.50 and served Mon, Tues, Thurs, and Fri. at 11:30. Reservations must be turned in 24 hours prior.
9	10 *11:00 Exercise *Noon- Clabber Club	11 *10:00 Knit & Crochet *11:00 Exercise *11:00 Bridge *Noon Dale Oberbrook, AARP	12 *11:00 Exercise *Noon-Bingo- Noon Cypress Grove Bingo *12:30 Sjogren’s support group-V. Siebe *1:00 Euchre	13 *9:30, 10:00 Tai Chi *12:30 SWIRCA Exercise	14 *11:00 Arthritis Stretch Noon-Birthday Friday by Titzer Family Funeral Homes Noon Bingo Bell Oaks	15
16	17 *11:00 Exercise *Noon-Clabber Club	18 *10:00 Knit & Crochet *11:00 Arthritis Stretch *Noon Bingo Heritage Hospice	19 *11:00 Exercise *Noon Bingo Woodlands *12:30 Sjogren’s Support Group V.Seibe *1:00 Euchre	20 *9-11 SHIP Counselor (Lisa!) for Medicare *9:30, 10:00 Tai Chi *11:30 Nutrition with Carolyn * 12:30 SWIRCA Exercise	21 *11:00 Arthritis Stretch Make flag favors for shut-ins	22 Please note the calendar is subject to change.
23	24 *11:00-Exercise *Noon-Clabber Club *5:30-7 Celebrity Chefs Gone ‘Hog Wild’	25 *10:00 Knit & Crochet *11:00 Exercise *11:00 Bridge *Noon-Bingo Reliable Adult Day Care	26 9:00 Easybridge! lessons *11:00 Exercise *Noon Bingo River Pointe *1:00 Euchre	27 *12:30 SWIRCA Exercise	28 *11:00 Exercise *11:30 Fruitful Friday *Noon Vickie Seibe, Sjogrens discussion	29
30	31 *11:00 Exercise *Noon Clabber *6:00 Hadi Shrine Brass Band/pitch in dinner and concert					The SWIRCA menu says meal sites are closed on Wednesdays. Newburgh Senior Center serves lunch on Wednesdays at 11:30 am.