

Newburgh Senior Center

December 2015 Newsletter

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The Place Where Seniors Congregate

Monday - Friday, 9 am—2 pm

Manager's Corner



My childhood memories of Christmas are full of wonder and joy. I was a fortunate child. My brother and I always got at least one item on our long list to Santa, and the man in red always came to our house early because he knew we had to be at my grandmother's house for Christmas Eve. Even when my brother and I suspected that Santa was giving our toys to our parents to dispense, it took a long time for us to figure out how Santa could come to our house the night of the church Christmas program, with our parents either backstage with the production or in the audience with most everybody else in town. Santa was dropping off our gifts with our neighbors and landlords. Who would have thought?

All my Christmas celebrations were merry until the year I was 31

and my father passed away. We did our best to bring joy to my house that year, if only just for my children.

It was not our usual Christmas. My mother was spending the winter with us and my brother and his wife were traveling up to central Indiana from Kentucky. They were involved in a wreck on the way and had to borrow my uncle's spare car. Then there was the blizzard, with howling wind and below-zero temperatures. When the snow stopped, the car wouldn't start. It seemed to us that life was throwing us one curve after another that holiday. But we managed to get through the holiday and we laughed after the car finally started and was packed to return to Kentucky.

We learned that Christmas that it would never be the same as it had been. We were responsible for making new traditions. It was a conscious choice we made to be happy. We could look back, but we had to look forward, too.

My mother passed a few years ago and we had to reinvent our Christmas once again. Now Jon and I do open house on Christmas day for friends and family who may not

have other places they need to be. Christmas is still my favorite time of the year. We just celebrate it differently.

I want to thank Tara Powell from Heritage Hospice who recently spoke to us about coping with the holidays when we aren't in the mood to celebrate. One point she made was to remember the reason for the holiday and focus on that rather than our traditions.

I wish for us all joyous holidays and a blessed new year. I hope you will choose to be happy.

December Birthdays

Cheryl Bauer	December 3
Barb Silvers	December 4
Martha Adickes	December 5
Fran Sites	December 8
Nancy Lybarger	December 8
Betty Hendrickson	December 15
Gayle Osborne	December 22
Rosemary Hannan	December 29



Help us share this holiday season



We have 33 people who receive meals through SWIRCA delivered to their homes. During Advent, we are going to make a little gift each week for our shut-ins. They will not be complicated or expensive, just a little something to remind those folks — and us — that we care for each other and we offer ourselves for service.

We will start on Friday, December

4 at noon. We will meet the following weeks, either at 10 a.m. if we have a noon program or at noon if nothing else is planned. Please check the calendar for information. If you are crafty and would like to lead one of these sessions, please talk to Nancy so she can get the supplies we need.

Thanks to Josephine Caskey for leading the first session.

Zither group coming to share Carols

St. Mary's Zither Ensemble will be bringing us Christmas music during a concert Thursday, December 17, beginning at noon. There are 10 members of the group, along with a harpist and an accordionist.

Suzie Byers, a member of the group, said they are looking forward to their concert here.

They are directed by Cyndi Bickel, who is also the harpist. Bickel is also a member of a harp ensemble.



Euchre, Scrabble, Bridge, Clabber groups meeting

On any given day at the Senior Center, you can join games of Clabber, Bridge, Euchre, Scrabble or Rummikub. Check our calendar for the games that interest you.

If you have other suggestions for game days, feel free to contact Nancy Lybarger, Center manager.

As a rule, Clabber Club meets every Monday at noon. Bridge players gather every other Tuesday and we play Euchre on Wednesdays at 12:30 p.m. and Scrabble on Thursdays, noon-ish. Rummikub is every day.

We invite everyone 55 and older to join us for fun and games.

SWIRCA changing operating days

We just received word from SWIRCA headquarter that as of January 4, 2016, they will not be serving lunch on Fridays instead of Wednesdays.

That doesn't make a difference in the schedule here at Newburgh. We serve lunch five days a week anyway, unless there is a holiday or a school weather closure.

We've had compliments on our lunches that have been served on

SWIRCA's days off. So, if you have not been coming to NSC on Wednesday because you thought there was no lunch, you've been missing great meals.

We still have lunch at 11:30 a.m. and you don't need a reservation on the "off" days. Otherwise, for SWIRCA meals, you can sign up on Fridays for the following week or give us 24 hours notice so we can order your lunch.

Thanks to the Moores for Thanksgiving lunch

We were so blessed to have Thanksgiving lunch prepared and provided by Alonzo and Shirley Moore on the day before Thanksgiving. We enjoyed the food and the fellowship with Alonzo and Shirley and our other guests. We appreciate all they do for the Center.

Thank You

Thanks to our Activity Sponsors



***Town of Newburgh** — Provides our building, maintenance and supplies/services.

***Bayer's Plumbing** (812) 853-2305 — Sponsors Fruitful Fridays and Sundae Fridays.

***Heritage Federal Credit Union** — (812) 253-6928 — Our Internet Café/Printer sponsor.

***Titzer Funeral Homes** (812) 853-8314 — Sponsors our monthly birthday cake.

***Zion United Church of Christ Newburgh** — Our hospitality sponsor.

***Women's Club of Newburgh** — Landscaping and flowers sponsor.

***Ohio Township** — Activity sponsor.

Miscellaneous notes

Remember to use your eScrip card when you shop at Schnucks and several restaurants in the area. We receive a donation each time you use your card.

The knitting ladies always welcome new folks, Tuesdays, at 10 a.m.

As well as Facebook and Twitter, you can check our web site for updates. Our web site is newburghseniorcenter.com and our Facebook address is [facebook.com/newburghseniorcenter](https://www.facebook.com/newburghseniorcenter). Nancy Lybarger's email is manageratnsc@gmail.com.

If you would like to support the efforts of the Newburgh Senior Center, please contact us at (812) 853-5627 or email our manager, Nancy Lybarger at manageratnsc@gmail.com.

Senior Center receives grants

Thanks to our generous benefactors at the Christian Science Society of Boonville and the Friends of Newburgh, we will be purchasing new computers, a new vacuum and installing a new kitchen faucet.

We received the computer grant from the Christian Science Society and the faucet and vacuum funding from the Friends of Newburgh. We are so grateful for the support from our community. We could not be operating without it.

Newburgh Senior Center is a 501 (c)(3) non-profit, so most likely, your donations will be tax deductible to the fullest extent of the law.

Our annual campaign is underway now and we hope you will consider becoming a Day Sponsor, a sustaining supporter or just a one-time donor. Please contact Nancy at the Center or Colleen Martin to discuss your preferred level of support. Unlike other organizations, we only ask once a year for your support. We appreciate your consideration. We don't need millions of dollars to operate, thanks to the generosity of the Town of Newburgh, but like other organizations, we do have financial obligations we need to meet on a regular basis.



**KEEP
CALM
AND SING
CHRISTMAS
CAROLS**

Thanks to our December Day Sponsor



December 13 is sponsored by Diane Shinn in celebration of her husband, Bill Shinn's birthday.

We are so grateful to Bill and Diane

who have supported the Center generously and consistently for many years.

Happy Birthday Bill!!

Special events planned for December

We have lots of events on our December calendar here at the Senior Center and we want everyone to share the fun. Please invite your Senior friends and family to visit us.

To start the month, Cards with Jane

will meet at noon, Tuesday, December 1. This is a different day than the group usually meets. This group gets together most months to stamp and craft greeting cards. Check out the ones they made last month on display at the Center.

Then, on December 10, at noon, Helene French of the Alzheimer's Association will be speaking to us about healthy habits that can delay or prevent the onset of dementia-like symptoms. Most of us know someone with Alzheimer's or another form of dementia. Further, most of us worry that some day, our forgetfulness will blossom into something more serious.

Our other healthy habits visitor, Carolyn Schmidt, of the Warrick County office of the Purdue Extension, will be here Thursday, December 17 at 11:30 a.m., just ahead of the Zither Ensemble.

Our Christmas Party for the Senior Center will be Tuesday, December 22 at noon. I haven't heard all the details, yet, but there will be chocolate and gifts. Could be Bingo if there is an interest.

If you have a program or speaker you would like to have here, please give the info to Nancy so she can make arrangements.

Closings

Newburgh Senior Center will be closed Christmas Eve and Christmas Day, as well as New Year's Day.

We will also be closed when Warrick Schools are closed for weather.

December dates to celebrate — or not

Christmas is by far the most famous of December dates to remember, but there are a number of other dates that are marked on some calendars. I did not make them up.

Did you know there are occasional "leap seconds" added to the official year. On December 31, 2015, the folks who maintain the official time for the planet will add an extra second to the day.

December is read a new book month. No further comment needed.

It is also National Bingo month.

December 4 is National Cookie Day. We'll celebrate that one here. It is also *Wear Brown Shoes* day.

December 6 is Saint Nicholas Day.

Remember Pearl Harbor on **December 7**.

December 12 is National Ding-a-Ling Day.

December 13 is Ice Cream Day.

December 16 is National Chocolate Covered Anything Day.

December 21 is Humbug Day.

December 27 is National Fruitcake Day.

December 30 is National Bicarbonate of Soda Day.

Historic Newburgh Celebrates Christmas

Step back to the 1800s in downtown Newburgh for street musicians and carolers, while you shop for original Christmas presents for everyone on your list.

Events start on Friday, December 4 at 5:30 p.m. with a "Light the Night Stroll," caroling and lighting of the luminaries beginning near Edgewater Grille.

On Saturday and Sunday, December 5 and 6, 10 a.m. to 5 p.m. and noon to 5 p.m., respec-

tively, join in the caroling and hunt for Elf on the Shelf in downtown stores. The Newburgh Museum will be serving plum pudding at Preservation Hall.

To finish the weekend, Join the Castle Knight Sensations in Town Hall at 5:30 p.m. for a concert and the official town tree lighting.

Call Historic Newburgh, Inc. at 812-853-2815 for information. Characters are needed.