

Newburgh Senior Center

February 2014 Newsletter



Newburgh Senior Center

529 Jefferson St.

Newburgh, IN 47630 (812) 853-5627 Fax: 853-5629

NewburghSeniorCenter.com Lisa1ashlyn@aol.com

Hours: Monday - Friday, 9am to 2pm

Lisa Ashby Goff, Manager

Happy Birthday!

Alonzo Moore, Jr. - February 2

Sue Welte - February 2

Nancy Schauburger - February 12

Ruth Edgerton - February 14

Betty Stahl - February 18

Chris Smith - February 18

Colleen Martin - February 23

Sylvia Will - February 25

Thanks to our February Day Sponsors

February 14, Valentine's Day is sponsored by Marge and Dixie Dugan in celebration of their 54th wedding anniversary, Happy Anniversary and thank you for your support of the Newburgh Senior Center. With Valentine's Day as an anniversary, you should never forget.

February 24 is sponsored by JoAnn Krantz in honor of her mother, Dollie Jacob's 84th Birthday. Happy Birthday Dollie. Thank you JoAnn for including the NSC in the birthday celebration for the last several years.

Valentine's Day Party-February 14, 2014

The Newburgh Women's Club will again be our Valentine's Day Party sponsor. The party will be from noon to 1:30 pm on Friday, February 14. Wear your best Valentine themed attire and be prepared to enjoy BINGO, prize drawings, and sweet treats! Thank you Newburgh Women's Club.

Wednesday, February 12 at noon: Card-making with Jane.

Friday, February 14: Valentine's Party after lunch, sponsored and hosted by the Women's Club of Newburgh.

Monday, February 17th-President's Day (SWIRCA is closed.) We will have carry-in/potluck lunch at 11:30. Please see sign up sheet. Clabber will follow at noon.

Suzette Ewer will play piano and sing on Thursday, February 20 at noon.

Carolyn Schmidt from Purdue Extension office will conduct Nutrition Class at noon on Thursday, February 27th.

****See calendar for full list of activities**

*****Reminder of MEMBER DUES-Thanks to the seniors who have paid \$12 dues for 2014. Dues help us pay for kitchen supplies, postage for cards, and other facility necessities.

SHIP News

Did you know that if you are enrolled in a Medicare Advantage plan, you have until February 14th to withdraw from your plan and switch to Original Medicare? You will also need to sign up for a Medicare Part D Prescription Drug plan. You can find a drug plan in your area by going to the website Medicare.gov. If you need additional help please contact a SHIP counselor at 1 (800) 452-4800 or locally at (812) 490-2002 or 1 (866) 400-0779.

Health and Wellness

*Free vision and health screenings by Eye Care Consultants will be available Wednesday, February 26 between 11am and 1pm at the senior center. Their nurses, technicians and interns will be available to evaluate visual acuity, eye pressure, blood sugar and cataract check. Come on in.

*USI Nursing students will visit us Wednesday the 12th and again on the 26th to do presentations at 10am and 1pm.

*Be sure and join us for SWIRCA exercise with Holly on Thursday afternoons at 12:30.

*Arthritis Foundation Stretch is Monday, Tuesday, Wednesday and Friday at 11a.m.

*Exercise and balance exercise with Lisa Messel from Woodlands is Tuesday the second Tuesday of each month at 10:45 a.m.

*Tai Chi with Sifu Ron Weatherford of the Shui Lung Tao meets Thursday mornings at 10:00 at the Kiwanis Building. Ron is available at 9:30 for beginners.

Thanks to our Business Sponsors for 2014:

*Bayer's Plumbing- (812) 853-2305- is our Sundaes Fridays sponsor.

*Heritage Federal Credit Union-(812) 253-6928-is our Internet Cafe/Printer sponsor.

*Titzer Funeral Homes-(812) 853-8314 - is our Birthday Cake sponsor.

*Tom & Penny Bodkin-our garden/landscape sponsor.

*Ohio Township-Activity Sponsor

*Christian Science Society of Boonville Irrevocable Trust Fund-Sponsor.

*Zion UCC Church, Newburgh, is our Hospitality Sponsor.