

# Newburgh Senior Center January 2014 Newsletter



## Newburgh Senior Center

529 Jefferson St.

Newburgh, IN 47630

NewburghSeniorCenter.com

Hours: Monday - Friday, 9am to 2pm

(812) 853-5627 Fax: 853-5629

Email: Lisa1ashlyn@aol.com

Lisa Ashby Goff, Manager

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Ed Butch - Jan. 2

Theresa O'Rourke - Jan. 6

Marlene Crenshaw - Jan. 8

Janice Doolittle - Jan. 16

Aileen Jeffries - Jan. 17

Karen Kennedy - Jan. 17

Bettie Abney - Jan. 19

Viola Schriefer - Jan. 19

Monte Williams - Jan. 23

Lisa Ashby Goff - Jan. 25

Mary Quinzer - Jan. 27

Mary Jane Baxter - Jan. 27

Josephine Caskey - Jan. 29

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### *We Thank Our January Day Sponsors-*

January 07 is sponsored by Monte Williams in memory of Betty Williams, his late wife. January 2014 would have been Monte and Betty's 63rd wedding anniversary. We are honored to be part of this memorial.

January 20th, "Souper" Lunch is sponsored by an anonymous donor who sends us warm wishes for a special day with delicious soups for lunch.

Just a few Upcoming Events in January\*\*:

\*\*\*Wednesday, January 1: Happy New Year (closed)

\*\*\*Wednesday, January 8 at noon: Card-making with Jane

\*\*\*Monday, January 20-Martin Luther King, Jr. Day-11:30 "Soup Sampler" Please bring a small pot of soup to share ☺

\*\*\*USI Nursing Students visit January 15<sup>th</sup> and will do health presentations January 29<sup>th</sup>.

\*\*\*ITT Nursing students will visit each Monday and are available for blood pressure checks.

\*\*We have guest speakers each Thursday at noon. Please see activities calendar.

\*\*Please see calendar for full list of activities

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"Senior Class" Kazoo Band January Schedule

Please mark your calendars for the following dates\*\*:

Thursday, January 02 at 1:00 pm-Kazoo Practice after SWIRCA exercise.

Wednesday, January 08 at 2:30pm at Newburgh Healthcare on Pollock Ave.  
Please be there by 2:15 pm.

Thursday, January 16th at 2:30 pm at Signature. Please be there by 2:15 pm.

Wednesday, January 22 at 2:30 pm at Woodlands. Please be there by 2:15 pm.

*\*\*Let's hope the weather cooperates. If school is cancelled, and the NSC is closed, we will not kazoo. If you feel uncomfortable getting out due to weather, you should not try to go.*

## Health and Wellness

\*Be sure and join us for SWIRCA exercise with Holly on Thursday afternoons at 12:30.

\*Arthritis Foundation Stretch is Monday, Tuesday, Wednesday and Friday at 11a.m.

\*Tai Chi with Sifu Ron Weatherford of the Shui Lung Tao meets Thursday mornings at 10:00 at the Kiwanis Building. Ron is available at 9:30 for beginners.

\*You can use our fitness equipment anytime during Center hours. Please see Lisa before you try anything new to you for safety instruction.

## **We Welcome and Thank our Activity Sponsors for 2014. We are blessed by your generosity.**

\*Bayer's Plumbing- (812) 853-2305- is our Sundaes/Fruitful Fridays sponsor.

\*Heritage Federal Credit Union-(812) 253-6928-is our Internet Cafe/Printer sponsor.

\*Titzer Funeral Homes-(812) 853-8314 - is our Birthday Cake sponsor.

\*Tom and Penny Bodkin- are our garden and landscaping sponsors

\*Zion UCC Church, Newburgh, is our Hospitality Sponsor.

\*Ohio Township-Activity Sponsor

\* Christian Science Society of Boonville Irrevocable Trust Fund-Activity Sponsor

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\*\*\*\*\*Reminder of MEMBER DUES-Thanks to the seniors who have already paid \$12 dues for 2014. Dues help us pay for kitchen supplies, postage for cards, and other facility necessities. Just one dollar a month goes a long way for our center when everyone contributes.