

# Newburgh Senior Center

June 2014



Newburgh Senior Center

529 Jefferson St.

Newburgh, IN 47630 (812) 853-5627 Fax: 853-5629

NewburghSeniorCenter.com Lisa1ashlyn@aol.com

Hours: Monday - Friday, 9am to 2pm

Lisa Ashby Goff, Manager

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## Happy Birthday

Kenny Scheessele - June 13

June Huber - June 19

Lorraine Gilly - June 25

We appreciate our June Day Sponsors:

June 03, 2014-Happy Anniversary to Alonzo and Shirley Moore. We wish you many more happy years and thank you for all you do for the Newburgh Senior Center and our community. Alonzo serves on the NSC Board of Directors.

June 12, 2014-Happy 43rd Wedding Anniversary to Dr. Ed and Nancy Prusz. We wish you many more happy years. Dr. Prusz's dental practice is in Newburgh. He and Nancy are long-time supporters of the Center. Thanks so much.

Jun 21 is the first day of summer. Come on down to the Newburgh riverfront and enjoy. Thanks to the Town of Newburgh and Town Manager Lori Buehlman for all they have done for us.

A few activities coming up this month:

\*Monday, June 2 we will have a carry-in at 5:30 followed by music with the Hadi Shriner's Brass Band. Please bring a side to share.

\*Card-making with Jane is Wednesday, June 11 at noon.

\*Bingo dates at noon: Tuesdays the 3<sup>rd</sup>, 17<sup>th</sup>, & 24<sup>th</sup>; Wednesdays the 4<sup>th</sup>, 18<sup>th</sup>, & 25<sup>th</sup>; and Friday the 6<sup>th</sup>, 13<sup>th</sup>, 20<sup>th</sup>, & 27<sup>th</sup>.

Health & Wellness:

\*Tai Chi for beginners is Thursdays at 9:30; advanced at 10:00.

\*SWIRCA exercise is Thursdays at 12:30.

\*Arthritic Stretch Monday, Tuesday, Wednesday, and Friday at 11:00.

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Senior Class" Kazoo Band

June 2014

*Summer is coming, and our June song package will be summer and travel songs! These are songs we all know! We will take a break in July and August because it is just "too durn hot"!!! and there are lots of vacations!*

Please mark your calendars for the following dates:

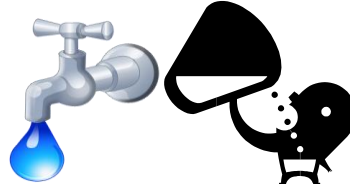
Thursday, June 05, after lunch - Practice at the Center

Thursday, June 05 at 2 pm -Signature Healthcare-  
Please be there by 1:45pm

Wednesday, June 11 at 2:30 pm at Newburgh Healthcare. Please be there at 2:15 pm.

Wednesday, June 18, at 2:30 pm at Woodlands.  
Please be there by 2:15pm.

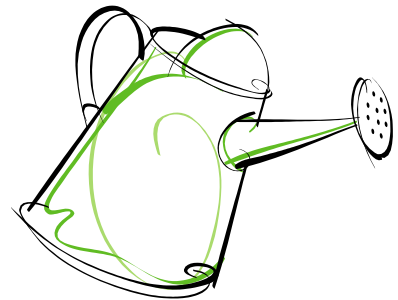
WATER -WATER-WATER--- It's hot, so make sure you drink enough water. Keep a glass of water on your table or a bottle of water in your car. Getting dehydrated is especially dangerous for seniors. Drink a glass of water first thing in the morning as a "wake up". And keep drinking during the day.



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**OUR PLANTS NEED WATER TOO!!! WE NEED SOME VOLUNTEERS!!!!!!**

Our **Community Garden** needs some volunteers to keep it (and plants around building, and planters in back) watered...If you or a family member want to help out in that area, please let Lisa know. This would be a great project for a student looking to do some volunteer work!



**Thanks to our Business Sponsors for 2014:**

- \*Bayer's Plumbing- (812) 853-2305- is our Sundaes Friday sponsor.
- \*Heritage Federal Credit Union-(812) 253-6928-is our Internet Cafe/Printer sponsor.
- \*Titzer Funeral Homes-(812) 853-8314 - is our Birthday Cake sponsor.
- \*Zion UCC Church, Newburgh, is our Hospitality Sponsor.
- \*Tom & Penny Bodkin-our garden/landscape sponsor.
- \*Ohio Township-Activity Sponsor
- \*Christian Science Society of Boonville Irrevocable Trust Fund-Sponsor