

Newburgh Senior Center

March 2014 Newsletter



Newburgh Senior Center

529 Jefferson St.

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NewburghSeniorCenter.com Lisa1ashlyn@aol.com

Hours: Monday - Friday, 9am to 2pm

Lisa Ashby Goff, Manager

Happy Birthday!

Arlene Schrader - March 6

Gerald Bowser - March 6

Mary Lafferty - March 12

Francis "Sonny" Riger - March 14

Martha Christian - March 15

Pat Spahn - March 17

Flo Neeley - March 16

Virginia Heller - March 16

We appreciate our March Day Sponsors:

March 16 is sponsored by Mike and Tracy in honor of Flo Neeley, Mike's Mother on her birthday. Thank you Mike and Tracy for your support. Happy Birthday Flo!!!

March 20 is the first day of Spring and is sponsored by Tom and Penny Bodkin. Knowing that Spring is coming keeps us going on these cold winter days.

Special Thanks to Schnucks and the Escrip Program-

Thanks to Schnucks for the Escrip Program which provides a way for their customers to support local non-profits when they shop at Schnucks. When you scan your Escrip card at checkout, a portion of the money you spend goes the non-profit you designate. It costs you nothing to participate, you just need to get an Escrip card and show it to the cashier each time before you check out. To sign up for the Newburgh Senior Center, get with Lisa. She can get you a card and sign you up.

A Note from your Newburgh SHIP office

Most of the Medicare Part D plans have a coverage gap also known as the "donut hole". When a member enters the coverage gap there is a temporary limit on what the drug plan will cover for drug costs. Not everyone enters the coverage gap.

In 2014, the coverage gap begins after you and your drug plan have spent \$2,850 on covered drugs. Once you have reached the coverage gap and you have spent \$4,550 out-of-pocket, you are out of the coverage gap. When you get out of the coverage gap you automatically qualify for "catastrophic coverage" for Part D prescriptions for the rest of 2014.

While in the coverage gap in 2014 you will pay 47.5% of the plan's cost for covered brand name prescription drugs. This will count toward your out-of-pocket costs. In 2014, Medicare will pay 28% of the price for generic drugs during the coverage gap. You will pay the remaining 72% of the price. For generic drugs, only the amount you pay will count toward getting out of the coverage gap.

Catastrophic drug coverage in Part D will assure that you only pay a small coinsurance amount or co-payment for covered drugs for the rest of the year.

If a person qualifies for Extra Help paying for Part D costs, they will not enter the coverage gap. To see if you qualify for Extra Help call SWIRCA & More ADRC at 1-866-400-0779 or SHIP at 1-800-452-4800.

Just a few Upcoming Events in March:

Sunday, March 9: "Spring Forward" Daylight Savings time begins.

Tuesday, March 11 at 10:45-Exercise & Balance-Woodlands

Wednesday, March 12 at noon: Card-making with Jane

Thursday, March 13: Piano with Suzette Ewer at 11:30

Friday, March 14: Noon-Flo's Birthday Bingo

USI nursing students on Wednesday, March 19th and 26th

Diabetes education on Wednesday, March 19th at 11:30

Karen Fleck, RN, diabetes educator

Thursday, March 20: Better Business Bureau-Jackie at noon

*See calendar for full list of activities

"Senior Class" Kazoo Band March 2014

Wow!! No more worries about cancellation due to snow, we hope!! Feel free to invite some new people to sing with us. I have lots of kazoos!!

Colleen

Please mark your calendars for the following dates:

Wednesday, March 05- 2:30 pm at Newburgh Healthcare.

Please be there at 2:15 pm.

Thursday, March 06 -at 2:30 pm at Woodlands. Please be there by 2:15 pm.

*Be sure and join us for SWIRCA exercise with Holly on Thursday afternoons at 12:30.

*Arthritis Foundation Stretch is Monday, Tuesday, Wednesday and Friday at 11a.m.

*Exercise and balance with Lisa Messel from Woodlands is the second Tuesday of each month at noon.

*Tai Chi with Sifu Ron Weatherford of the Shui Lung Tao meets Thursday mornings at 10:00 at the Kiwanis Building. Ron is available at 9:30 for beginners.

Thanks to our Business Sponsors for 2014:

*Bayer's Plumbing- (812) 853-2305- is our Sundaes Fridays sponsor.

*Heritage Federal Credit Union-(812) 253-6928-is our Internet Cafe/Printer sponsor.

*Titzer Funeral Homes-(812) 853-8314 - is our Birthday Cake sponsor.

*Tom & Penny Bodkin-our garden/landscape sponsor.

*Ohio Township-Activity Sponsor

*Zion UCC Church, Newburgh, is our Hospitality Sponsor.

*Christian Science Society of Boonville Irrevocable Trust Fund-Sponsor.

