

Activities Calendar

December 2013

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 *11:00 Gentle Stretch *Noon-Clabber Club	3 *10:00 Knitting *11:00 Gentle Stretch *Noon-Bingo – Sterling Health-Leslye	4 *11:00 Arthritic Stretch *Noon-Bingo-Cypress Grove-Maryann *Noon-Asera Care Group	5 *9:30, 10:00 Tai Chi *Noon-BBB-Jackie *12:30 Exercise-Holly *1:00 Kazoo Practice *2:30 Kazoo-Signature	6 *10:00 Soup Jar Project *12:00 Bingo-Asera Care- Ellen	7
8	9 *11:00 Gentle Stretch *Noon-Clabber Club	10 *10:00 Knitting *11:00 Gentle Stretch *Noon-Bingo- Kim-Bell Oaks	11 *11:00 Arthritic Stretch *Noon- Card-making class with Jane *2:30 Kazoo-Woodlands	12 *9:30, 10:00 Tai Chi *11:30 Piano-Suzette Ewer *Noon-Jennifer-Angels of Mercy- Health Topic *12:30 Exercise-Holly *1:00 Bingo-Reliable Care	13 *10:00 Walking Club *11:00 Arthritic Stretch *Noon-Music-Hal Wolford & Friends	14
15	16 *11:00 Gentle Stretch *Noon-Clabber Club	17 *10:00 Knitting *11:00 Gentle Stretch *Noon-Bingo –Barb Price Le\$\$	18 *11:00 Arthritic Stretch *Noon-Asera Care Group *Noon-Bingo-Golden Living Center Woodlands	19 *9:30, 10:00 Tai Chi *Noon-Nutrition-Carolyn *12:30 Exercise-Holly	20 *10:00 Walking Club *11:00 Arthritic Stretch *Noon-Music-“Heavenly Express”	21
22	23 *11:00 Gentle Stretch *Noon-Clabber Club	24 *10:00 Knitting *11:00 Gentle Stretch *11:30 Carry-in Meal	25 <i>MERRY CHRISTMAS</i>	26 *9:30, 10:00 Tai Chi *12:30 Exercise-Lisa	27 *10:00 Walking Club *11:00 Arthritic Stretch *Noon-Bingo-Hamilton Pointe-Jessica	28
29	30 *11:00 Gentle Stretch *Noon-Clabber Club	31 *10:00 Knitting *11:00 Gentle Stretch *Noon-Bingo-Indiana American Water-Judy			SWIRCA meals are \$3.50 and served at 11:30. Please call 853-5627 for meal reservation.	

