

# Newburgh Center Calendar of Events

## August 2013

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		SWIRCA meals are \$3.50 and served at 11:30.	Please call 853-5627 for meal reservation.	1 *9:30, 10:00 Tai Chi *Jennifer-Angels of Mercy-Mechanics of Aging *12:30 Exercise-Holly *Kazoo Band practice	2 *10:00 Walking Club *11:00 Arthritic Stretch *Fruitful Friday	3
4	5 *11:00 Gentle Stretch *Noon-Clabber Club	6 *10:00 Knitting *10:00 Walking Club *Noon-Bingo – Sterling Health-Leslye	7 *11:00 Arthritic Stretch *Noon-Bingo-Cypress Grove-Maryann	8 *9:30, 10:00 Tai Chi *12:30 Exercise-Lisa	9 *10:00 Walking Club *11:00 Arthritic Stretch *Noon-Rummicube Tournament	10
11	12 *11:00 Gentle Stretch *Noon-Clabber Club	13 *10:00 Knitting *10:00 Walking Club *Noon-Bingo –Bell Oaks Terrace-Kim * 2 pm- Kazoo Band-Angel River	14 *11:00 Arthritic Stretch *Noon- Card-making class with Jane *Noon-Asera Care Group	15 *9:30, 10:00 Tai Chi *Noon-Piano-Yvette Ewer *12:30 Exercise-Lisa	16 *10:00 Walking Club *11:00 Arthritic Stretch *Noon-Bingo-Hamilton Pointe-Jessica	17
18	19 *11:00 Gentle Stretch *Noon-Clabber Club	20 *10:00 Knitting *10:00 Walking Club *Noon-Bingo –Barb Price Le\$\$ <b>*Celebrity Side Dish</b>	21 *11:00 Arthritic Stretch *Noon-Bingo-Golden Living Center Woodlands *1:00 Sjogren’s Group	22 *9:30, 10:00 Tai Chi *Noon-Cowboy-Sing A Long- *12:30 Exercise-Lisa	23 *10:00 Walking Club *11:00 Arthritic Stretch *Noon-Senior Hobby Show & Tell	24
25	26 *11:00 Gentle Stretch *Noon-Clabber Club	27 *10:00 Knitting *10:00 Walking Club *Noon- Bingo- Reliable Adult Day Care- Chloe	28 *11:00 Arthritic Stretch *Noon-Bingo-Southern Care Hospice *Noon-Asera Care Group *2:30 pm Kazoo-Woodlands	29 *9:30, 10:00 Tai Chi *12:30 Exercise-Lisa	30 *10:00 Walking Club *11:00 Arthritic Stretch *August Birthdays Cake	31