

# Newburgh Senior Center Activities

## January 2014

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 <i>Happy New Year</i> (Center is closed.)	2 *9:30, 10:00 Tai Chi *12:30 Exercise *1:00 Kazoo Practice	3 *11:00 Arthritis Stretch *Noon-Bingo-ADT-Katie	4
5	6 ITT Nursing Students *11:00 Arthritis Stretch *Noon-Clabber Club	7 *10:00 Knitting *Noon-Bingo- Sterling House-Leslye	8 *11:00 Arthritis Stretch *Noon- Card-making class with Jane *2:30 Kazoo-Newburgh Healthcare	9 *9:30, 10:00 Tai Chi *Noon-Health Topic- Cypress Grove-Rachel *12:30 SWIRCA Exercise	10 *11:00 Arthritis Stretch *Noon-Bingo-Willow Park-Kellie	11
12	13 ITT Nursing Students *11:00 Arthritis Stretch *Noon-Clabber Club	14 *10:00 Knitting *Noon- Bingo-Bell Oaks	15 *11:00 Arthritis Stretch *Noon-Bingo-Woodlands *USI Nursing Students *Noon-Asera Care Support Group *1:00 Sjogren's Group	16 *9:30, 10:00 Tai Chi *Noon-Cindy Warren-Evansville Museum Docent Association *12:30 SWIRCA Exercise *2:30 Kazoo-Signature	17 *11:00 Arthritis Stretch *Noon-Bingo-Hamilton Pointe-Jessica	18
19	20 Martin Luther King, Jr. Day *11:30 Soup Sampler Lunch *ITT Nursing Students	21 *10:00 Knitting *Noon- Bingo – Barbara- Price Le\$\$ Foods	22 *11:00 Arthritis Stretch *Noon-Bingo-River Pointe-Brittany *2:30 Kazoo-Woodlands	23 *9:30, 10:00 Tai Chi *Noon-Dental Health- Dr. Fickas *12:30 SWIRCA Exercise	24 *11:00 Arthritis Stretch *Noon-Bingo-Gary Krick	25
26	27 *ITT Nursing Students *11:00 Arthritis Stretch *Noon-Clabber Club	28 *10:00 Knitting *Noon-Bingo-Chloe- Reliable Adult Care	29 *11:00 Arthritis Stretch *Piano-Suzette Ewer *Noon-Asera Care Support Group *Noon-USI Nursing Students Presentations	30 *9:30, 10:00 Tai Chi *Noon-Culture & Women- Erum Khan *12:30 SWIRCA Exercise	31 *11:00 Arthritis Stretch *Noon-Health Class- Angels of Mercy-Jennifer *12:30-Bingo-Heritage Hospice-Lara	

