

Newburgh Center Calendar of Events

July 2013

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 *11:00 Gentle Stretch *Noon-Clabber Club	2 *10:00 Knitting *10:00 Walking Club *Noon-Bingo – Sterling Health-Leslye	3 *11:00 Arthritic Stretch *Noon-Bingo-Cypress Grove-Maryann *Noon-Asera Care Group * After BingoKazoo Band Rehearsal	4 Independence Day *Center is open; bring a lunch. *12:30 Exercise	5 *10:00 Walking Club *11:00 Arthritic Stretch *Fruitful Friday	6
7	8 *11:00 Gentle Stretch *Noon-Clabber Club	9 *10:00 Knitting *10:00 Walking Club *Noon-Bingo –Bell Oaks Terrace-Kim	10 *11:00 Arthritic Stretch *Noon- Card-making class with Jane	11 *9:30, 10:00 Tai Chi *12:30 Exercise	12 *10:00 Walking Club *11:00 Arthritic Stretch *Noon-Music-“Heavenly Express”	13
14	15 *11:00 Gentle Stretch *Noon-Clabber Club *5:00 Carry-in *6:00 Hadi Brass Band	16 *10:00 Knitting *10:00 Walking Club *Noon-Bingo –Barb Price Le\$\$ *2:00 –Cowboy Kazoo Band–Angel River	17 *11:00 Arthritic Stretch *Noon-Bingo-Golden Living Center Woodlands *Noon-Asera Care Group *1:00 Sjogren’s Group	18 *9:30, 10:00 Tai Chi *Noon- Angels of Mercy-Jennifer “Heat Stroke” *12:30 Exercise	19 *10:00 Walking Club *11:00 Arthritic Stretch *Noon-Rummicube Tournament	20
21	22 *11:00 Gentle Stretch *Noon-Clabber Club	23 *10:00 Knitting *10:00 Walking Club *Noon- Bingo- Reliable Adult Day Care- Chloe	24 *11:00 Arthritic Stretch *Noon-Senior Hobby Show and Tell	25 *9:30, 10:00 Tai Chi *Noon- Hot Summer Sing A Long *12:30 Exercise	26 *10:00 Walking Club *11:00 Arthritic Stretch *July Birthdays Cake *Noon-Bingo-Gary-Freedom Medical	27
28	29 *11:00 Gentle Stretch *Noon-Clabber Club	30 *10:00 Knitting *10:00 Walking Club	31 *11:00 Arthritic Stretch *Noon-Rummicube			

				SWIRCA meals are \$3.50 and served at 11:30.	Please call 853-5627 for meal reservation.	
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