

# Newburgh Center Calendar of Events

## May 2013

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
SWIRCA meals are \$3.50 and served at 11:30.			1 *11:00 Arthritic Stretch *Noon-Bingo-Cypress Grove-Maryann	2 *9:30, 10:00 Tai Chi *Noon-Health Topic-Jennifer-Angels of Mercy *12:30 Exercise-Lisa *1:00 Kazoo Practice	3 *10:00 Walking Club *11:00 Arthritis Stretch  *Volunteer at Town Hall for 5K run	4 Rivertown Trail 5K
5	6 *11:00 Rummicube *Noon-Clabber Club	7 *10:00 Knitting *10:00 Walking Club *Noon-Bingo – Sterling Health-Leslye	8 *Noon- Card-making class with Jane *Noon-Asera Care Group *2:15 Kazoo-Woodlands	9 *9:30, 10:00 Tai Chi *12:30 Exercise-Holly *1:00 Rummicube	10 *10:00 Walking Club *Noon-Bingo –Willow Park-TJ	11
12 Mother's Day	13 *11:00 Gentle Stretch *Noon-Clabber Club	14 *10:00 Knitting *10:00 Walking Club *Noon-Bingo –Bell Oaks Terrace-Kim	15 *11:00 Arthritic Stretch *Noon-Bingo-Golden Living Center Woodlands *1:00 Sjogren's Group	16 *9:30, 10:00 Tai Chi *Noon-Health Topic-Recognizing Depression - Betty Dillingham *12:30 Exercise-Lisa	17 *10:00 Walking Club *11:00 Arthritic Stretch *Noon-Sing a Long-Colleen	18 HNI Jazz and Winefest
19	20 *11:00 Gentle Stretch *Noon-Clabber Club	21 *10:00 Knitting *10:00 Walking Club *Noon-Bingo –Barb Buehler's IGA	22 *11:00 Arthritic Stretch *Noon-Asera Care Group *Noon-Senior Hobby Show and Tell-bring a hobby or photos	23 *9:30, 10:00 Tai Chi *12:30 Exercise-Lisa *1:00 Rummicube	24 *10:00 Walking Club *11:00 Arthritic Stretch *Noon-Bingo- Gary-Freedom Medical	25
26	27 MEMORIAL DAY  *11:00 Gentle Stretch *Noon-Clabber Club  (no SWIRCA meal)	28 *10:00 Knitting *10:00 Walking Club *Noon- Bingo- Reliable Adult Day Care- Chloe	29 *11:00 Arthritic Stretch *Noon-Rummicube Tournament * 2:30-Kazoo at Newburgh Healthcare	30 *9:30, 10:00 Tai Chi *12:30 Exercise-Lisa *1:00 Rummicube	31 *10:00 Walking Club *11:00 Arthritic Stretch After Lunch: May Birthdays Cake	

