

Newburgh Center Calendar of Events November 2013

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	SWIRCA meals are \$3.50 and served at 11:30. Please call 853-5627 for meal reservation.				1 *10:00 Walking Club *11:00 Arthritic Stretch *12:00-Asera Care-Health Topic *12:30 Kazoo Practice	2
3	4 *11:00 Gentle Stretch *Noon-Clabber Club	5 *10:00 Knitting *10:00 Walking Club *Noon-Bingo – Sterling Health-Leslye	6 *11:00 Arthritic Stretch *Noon-Bingo-Cypress Grove-Maryann *Noon-Asera Care Group *2:30 Kazoo-Signature	7 *9:30, 10:00 Tai Chi *Noon-Jennifer-Angels of Mercy “Diabetes” *12:30 Exercise-Holly	8 *10:00 Walking Club *11:00 Arthritic Stretch *Noon-Bingo-Hamilton Pointe-Jessica	9
10	11 VETERANS DAY *Carry-in 11:30 *Noon-Clabber Club	12 *10:00 Knitting *10:00 Walking Club *Noon-Bingo- Kim-Bell Oaks	13 *11:00 Arthritic Stretch *Noon- Card-making class with Jane	14 *9:30, 10:00 Tai Chi *Noon-Suzette Ewer-Piano *12:30 Exercise-Holly *2:30 Kazoo-Woodlands	15 *10:00 Walking Club *11:00 Arthritic Stretch *Noon-Bingo-Southern Care-Carol	16
17	18 *11:00 Gentle Stretch *Noon-Clabber Club	19 *10:00 Knitting *10:00 Walking Club *Noon-Bingo –Barb Price Le\$\$ *Memory Screening Day-Senior Helpers	20 *11:00 Arthritic Stretch *Noon-Asera Care Group *Noon-Bingo-Golden Living Center Woodlands	21 *9:30, 10:00 Tai Chi *Noon-Erum Syed-Khan-Culture & Women *12:30 Exercise-Holly	22 *10:00 Walking Club *11:00 Arthritic Stretch *Noon-Bingo-Freedom Medical-Gary	23
24	25 *11:00 Gentle Stretch *Noon-Clabber Club	26 *10:00 Knitting *10:00 Walking Club *Noon- Bingo- Reliable Adult Day Care- Chloe	27 *11:00 Arthritic Stretch *Noon-Asera Care Group *Noon-Senior Hobby Show and Tell	28 HAPPY THANKSGIVING (closed)	29 (SWIRCA Closed) *Center open *Lunch TBA	30

