

# Newburgh Senior Center

## July 2013 Newsletter



Newburgh Senior Center

529 Jefferson St.

Newburgh, IN 47630 (812) 853-5627 Fax: 853-5629

NewburghSeniorCenter.com Lisa1ashlyn@aol.com

Hours: Monday - Friday, 9am to 2pm

Lisa Ashby Goff, Manager

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Join us Monday, July 15 for our annual Hadi Brass Band concert at the senior center. The senior center will provide fried chicken; please bring a side dish to share. Carry-in starts at 5pm and the music will begin at 6pm.

### Happy Birthday

Carman Edmonson - July 5

Allen Gomoll - July 10

Sally McGregor - July 23

Janine Asher - July 24

Rudolf Fischer - July 25

Carol Parsons - July 28

### We appreciate our July Day Sponsors

July 02 is sponsored in honor of the birthday of John P. Morgan, MD. Dr. Morgan, who lives in Newburgh, is an orthopedic surgeon with the Hand Center of Evansville, 1150 Lincoln Avenue, Evansville 47714, 812-402-4263. Happy Birthday Dr. Morgan!!! Thank you for being a supporter of the Center this year and in years past.

July 04 is sponsored by Charles and Charlotte Koewler, who are members of the Center. They want us to enjoy the celebration of our country's independence and freedom! Thanks to Charlotte and Charlie for your generous support.

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**Health & Wellness:**

\*Nursing Students from ITT Breckinridge School of Nursing will visit us on Wednesdays and Thursdays this month. They do blood pressure checks for us.

\*Walking Club meets Tuesdays and Fridays at the center at 10:00 a.m.

\*Tai Chi for beginners is Thursdays at 9:30; advanced at 10:00.

\*Arthritic Stretch Monday, Wednesday, and Friday at 11:00.

\*Group exercise Thursdays at 12:30.

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**July "Senior Class" Kazoo Band Happenings**

*Wednesday, July 03- Cowboy Song rehearsal after bingo.*

*Tuesday, July 16 at 2 pm at Angel River- Cowboy Fest . Please be there at 1:45 pm.*

*Thursday, July 25, NOON- Sing a Long at the Center.*

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**Thanks to our Business Sponsors for 2012:**

\*Bayer's Plumbing- (812) 853-2305- is our Sundae/Fruitful Fridays sponsor.

\*Heritage Federal Credit Union-(812) 253-6928-is our Internet Cafe/Printer sponsor.

\*Titzer Funeral Homes-(812) 853-8314 - is our Birthday Cake sponsor.

\*Zion UCC Church, Newburgh, is our Hospitality Sponsor.

# VOLUNTEERS NEEDED

## SHIP NEWS

Have you been thinking about volunteering your time to a worthwhile cause? The State Health Insurance Assistance Program (SHIP) is a satisfying volunteering opportunity for hundreds of people across Indiana. The SHIP program is a statewide network of trained volunteers who educate and assist Medicare recipients and their families with insurance questions.

The SHIP volunteers provide consumers with free, impartial and confidential health insurance counseling. This program is sponsored by the Center for Medicare and Medicaid Services and the Indiana Department of Insurance. SHIP offers its volunteers choices on how they would like to volunteer. Phone counselors assist individuals who call the SHIP 800 number and on-site counselors meet with individuals who wish to meet in person to have their questions answered. Volunteers can do both phone and site counseling.

If you are interested in making a difference while supporting those in your community who need a helping hand then the SHIP volunteer program is for you. Volunteer counselors are trained extensively over a total of 24 hours. The next volunteer training will take place the following dates. A volunteer counselor must attend all of the listed training sessions to become a certified SHIP counselor.

### **TRAINING DATES:**

**JULY 23 & JULY 24**  
**JULY 30 & JULY 31**  
**AUGUST 1**

### **TRAINING LOCATION:**

**SOUTHWESTERN INDIANA REGIONAL COUNCIL ON AGING & MORE (SWIRCA & MORE)**  
**16 W. VIRGINIA ST.**  
**EVANSVILLE, IN 47710**

**For more information contact: MICHAEL HALLING, ADRC COORDINATOR**  
**PHONE: (812) 492-7404**  
[mhalling@swirca.org](mailto:mhalling@swirca.org)

**MELISSA MEREDITH, SHIP COUNSELOR**  
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