

Newburgh Senior Center March 2012 Newsletter



Newburgh Senior Center

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Hours: Monday - Friday, 9am to 2pm

Lisa Goff, Manager

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"Thank you to the Women's Club of Newburgh for sponsoring and hosting our annual Valentine's party. Congrats to Pat Spahn, who won the grand prize drawing. Everyone had a fun time and won lots of great prizes; thank you Women's Club!"

Happy Birthday to You!

Arlene Schrader - March 6

Gerald Bowser - March 6

Mary Lafferty-March 12

Rita Metzger-March 12

Francis "Sonny" Riger-March 14

Martha Christian-March 15

Flo Neely-March 16

Virginia Heller-March 16

Pat Spahn-March 17

Duane Caskey-March 28

Welcome new member Dollie Jacob; we are so glad to have you join us!

MEMBER DUES- Please see Barb or Lisa to pay \$12 dues if you have not yet done so for 2012. We are so lucky to have community support but our dues, at just a dollar a month from each senior, goes a long way in keeping us comfortable here with our kitchen and supplies we need.

We thank our March Day Sponsors:

March 16 is sponsored by Tracy and Mike Neeley in honor of their mother Flo Neeley's birthday. Thank you Mike and Tracy for being such good friends of the Center. Happy Birthday Flo, our #1 Hugger!!

March 28- Sponsored by King Mechanical Specialities in honor of the birthday of Steve Yancy. Happy Birthday Steve, and thank you for being such a good neighbor of the Center.

March 30-Celebrate Doctor's Day-We are thankful for all our doctors, but we are especially thankful for Dr. Brian Schymik who is a great supporter of the Center. Thank you Dr. Schymik.

A Few of our upcoming activities...

In honor of Women's History Month, the Warrick County Museum will be our guest speaker on Friday, March 9 at noon.

"Grandfriends" is Tuesday, March 13 at 10:15. Be a mentor; it is rewarding for everyone.

Friday, March 16 will be a St. Patrick's Day carry-in and Chef Gerald will cook the meat. Our musical guest is "Hal O'Wolford and Pete McTurner" who will invite you to dance some jigs with their music. Lunch begins at 11:30, music at noon, followed by Flo's Birthday Bingo at 1:00.

See Lisa if you would like to sign up for Wii competition and free lunch at Willow Park on Saturday, March 24. We will practice Wii on Wednesday and Friday that week to get ready for Saturday.

Community

Newburgh Volunteer Fire Dept. 4th Annual Chili Cook-Off is Saturday, March 3. Judging begins at 1pm at Cricket's, located at 518 W. Main Street in Newburgh. Come out and buy some chili. You can also pre-order by calling Jayne at 449-2095 or Dannie at 853-5147; either of them can deliver to the senior center. Go Team "Fire Plug"! All proceeds benefit the Newburgh Volunteer Fire Dept.

The second annual Newburgh Rivertown Trail 5K Run will take place Saturday, May 5. The Town of Newburgh has asked the Newburgh Senior Center to volunteer on May 4 at the town hall for the event. Thanks to all who helped last year, and thanks to those who already signed up this year to volunteer. We still need more volunteers to hand out registration packets on Friday, May 4. Please see Lisa if you can be available to sign up for a time slot. This event celebrates the Rivertown Trail and all the proceeds benefit the maintenance of the trail.

Health & Wellness

*March is Disability Awareness Month. The Evansville Association for the Blind will be here on Thursday, March 1 at noon.

*Arthritis Stretch Monday, Wednesday, Friday at 11:00.

*We have had excellent turn-out for our Zumba Gold class. We meet Tuesdays at 1pm; see Lisa if you would like to sign up.

*SWIRCA exercise with Holly meets Thursdays at 12:30.

*Tai Chi meets at the Kiwanis Building each Thursday at 9:30.

*Walking Club meets Friday mornings at 9:30.

*USI Nursing Students will visit on March 15, and on March 29 will give health presentations at 1:00.

*We will have a nutrition class provided by the Purdue extension office of Warrick County on Thursday, March 29 at noon.

Senior Class Kazoo Band Schedule for March

Thursday, March 8: Practice at 1:00, Angel River at 2:15

AARP Taxaide Schedule for March

Tax preparation is available for seniors at Newburgh's Central Library on Tuesdays:

03/06/12 from 12-4pm

03/13/12 from 4-8pm

03/20/12 from 12-4pm

Thanks to our Business Sponsors for 2012:

*Bayer's Plumbing- (812) 853-2305- is our Sundae/Fruitful Fridays sponsor.

*Heritage Federal Credit Union-(812) 253-6928-is our Internet Cafe/Printer sponsor.

*Titzer Funeral Homes-(812) 853-8314 - is our Birthday Cake sponsor.

*Zion UCC Church, Newburgh, is our Hospitality Sponsor.