

**Newburgh Senior Center
May 2012 Newsletter**



Newburgh Senior Center
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Hours: Monday - Friday, 9am to 2pm

Lisa Goff, Manager

"Happy Mother's Day to all you mothers, and mothers who are no longer with us but forever in our hearts."

Happy Birthday

Jack Spillman - May 8
Jane Schmitt - May 10
John Barrett - May 16
Elaine Gomoll - May 24

Welcome New Members

Janine Asher
Patti Rusche

Thanks to our May Day Sponsors:

May 01 is sponsored by Bruce and Carol Baker in celebration of Newburgh Healthcare being open for 37 years. Thank you Bruce and Carol for your support of the Center and so many other efforts in our community.

May 07 is sponsored by Rev. Dan and Amy Kennedy in honor of their wedding anniversary. Happy anniversary Dan and Amy. We hope you have many more happy years.

May 15 is sponsored by Maria and Joe Bayer in honor of the birthday of Maria's mother, Juanita Adams. Happy birthday Juanita. Thank you Joe and Maria, of Bayer Plumbing for being such dedicated supporters of the Center.

May 18 is sponsored by Judy Lopez in honor of the graduation of her granddaughters, Lelia, Anna and Hilary. Lelia graduates from Memorial High School going to U of E. Anna graduates from Evansville Christian School (8th grade) going to Castle HS, and Hilary graduates from Indiana State University with a degree in Elementary Ed with emphasis in Special Education. Ladies, your Nana is so proud of all of you!!!

May 30 is sponsored by Dr. Ed and Nancy Prusz in memory of Ed's mother, Hilda Prusz. Thank you Ed and Nancy for allowing us to be a part of your celebration of the life of your late mother.

Coming up this month:

*Lunch outing at Taste of Perfection on Tuesday, May 8 at 11:15. (Center is closed for Election Day.) Zumba Gold will be at Kiwanis Building at 1:00.

*Day Trip is Wednesday, May 9.

*AARP Safe-Driving Course here at the center on Friday, May 18 at 9:30. See Lisa to register.

*Card-making with Jane is Wednesday, May 23 at noon.

*Memorial Day is Monday, May 28. There will be no SWIRCA lunch but the center will be open. Lunch plans to be announced...Clabber Club at noon.

Community:

*The second annual Rivertown Trail 5K Run is scheduled for Saturday, May 5. We still need more senior volunteers to help at town hall on Friday, May 4. This is a great way to show our gratitude and support for the town of Newburgh. See Lisa to sign up for a time slot to volunteer.

*Head Start needs Grandfriends to volunteer on Thursday, May 17 at 10am at the 4-H grounds in Boonville. Comfortable seating will be available and free lunch at noon. "Family Fun Day" is an annual celebration the Head Start preschoolers enjoy at the end of their school year. It's a fun day for all ages and your volunteerism is greatly appreciated.

*The Strawberry Festival will take place on Saturday, May 19 from 2 to 6pm at Newburgh Presbyterian Church, just east of the town of Newburgh. Favorite strawberry smoothies, pies, and other goodies will be available with free entertainment.

"Senior Class" Kazoo Band
May 2012

Please mark your calendars for the following dates:

Thursday, May 03, after lunch/exercise- Practice at the Center.

Thursday, May 10-at 2:30 pm at Angel River. Please be there by 2:15 pm.

Wednesday, May 16 at 2:00 pm at Cypress Grove. Please be there at 1:45 pm. Please note the earlier time

Wednesday, May 30-at 2:30 pm at Woodlands. Please be there by 2:15pm.

Health & Wellness:

*2012 River City Games is scheduled for May 20 to May 25. See Lisa or Holly Schneider for registration packet.

*Breckenridge School of Nursing students visit us on Thursdays for blood pressure checks.

*Walking Club meets Fridays at the center at 10:15 a.m. If you are interested but not available on Friday mornings, see Lisa to schedule another day.

*Tai Chi for beginners is Thursdays at 9:30; advanced at 10:00.

*Zumba Gold is Tuesdays at 1pm.

*SWIRCA exercise is Thursdays at 12:30.

*Arthritic Stretch Monday, Wednesday, and Friday at 11:00.

Thanks to our Business Sponsors for 2012:

*Bayer's Plumbing- (812) 853-2305- is our Sundae/Fruitful Fridays sponsor.

*Heritage Federal Credit Union-(812) 253-6928-is our Internet Cafe/Printer sponsor.

*Titzer Funeral Homes-(812) 853-8314 - is our Birthday Cake sponsor.

*Zion UCC Church, Newburgh, is our Hospitality Sponsor.

