

Newburgh Seniors Center

October 2012



Newburgh Senior Center

529 Jefferson St.

Newburgh, IN 47630 (812) 853-5627 Fax: 853-5629

NewburghSeniorCenter.com

Lisa1ashlyn@aol.com

Hours: Monday - Friday, 9am to 2pm

Lisa Goff, Manager

Our Porkapalooza Fundraising event was a huge success! Thanks to the Newburgh BBQ Coalition, "NBC" friends, and the many donors, sponsors, volunteers, and patrons who made this another success for our senior center.



Happy October Birthday

Agnes Spillman - October 02
Joan Holsapple - October 02
Margie Black - October 07
Charles Koewler - October 08
Cora Lee Grant - October 10
Georgia Abshier - October 10
Velda Warner - October 13
Debra Racey - October 20
Susan Thomas - October 21
John Smith - October 25
Margaret Anderson - October 28
Bennie Grant - October 30
Suzan Sorenson - October 31

Welcome new members:

Judith Lamberg

Ramona Reid

We appreciate our October Day Sponsors:

*October is Fire Prevention month-Chad Bennett from Five Star Security and Newburgh Fire Department reminds us to check the batteries in our smoke detectors. Thanks to all the volunteer firefighters who protect us in case of emergencies.

*October 19- International Credit Union Day. Many thanks to Heritage Federal Credit Union who is our Internet Cafe Sponsor for 2012. We appreciate your continued support of the Center and our community. You are "Seriously Different." Thank you for sending us lunch volunteers and a BINGO on October 18.

*October 31- Happy Halloween. Drive carefully and watch out for trick or treaters is the reminder from Newburgh National Bank. Thank you at Newburgh National and Manager Tracy Fortune for your support.

Some Upcoming Events in October:

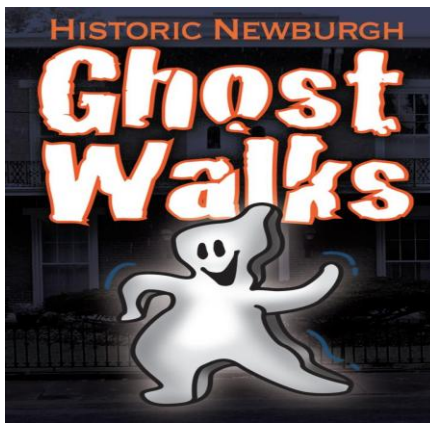
*Candidates Day Carry-in meal is Monday, October 8 at 11:30.

*Card-making with Jane is Wednesday, October 10th at noon.

*Fourth Annual Talent Show is Sunday, October 14 at 2pm. See Lisa to sign up if you want to perform. All ages can perform. This event is free and open to the public. Fun!

Coming up next month:

The next AARP Safe Driving Course at the senior center is Friday, November 9 from 9am to 2pm. In recognition of Veteran's Day, all veterans and their family members age 55 and older can take this course for free! The regular cost is \$14 for non-AARP members and \$12 for AARP members. Some driver's insurance carriers offer a discount to those who have completed this one-day course. Please see Lisa to register.



Historic Newburgh's annual Ghost Walks are Friday and Saturday, the 19th and 20th of October. Sunday, October 21 there will be a "Ghost Walk Talk" session at Preservation Hall for those who are unable to participate in the walks. Please call 853-2815 or visit historicnewburgh.org for info.



"Senior Class" Kazoo Band

Thank all of you who sing and bring joy. If you have been thinking about singing with us, just jump in and give it a try. It will be good for you. We would love to have you join us! Colleen

Please mark your calendars for the following dates:

*Thursday, October 04, 1:00 after SWIRCA exercise

*Wednesday, October 10 at 2:30 pm at Angel River

*Wednesday, October 17 at 2:30 pm at Woodlands

*Wednesday, October 24 at 2:30 pm at Newburgh Healthcare

Great opportunities to help others seldom come, but small opportunities

surround us daily-Sally Koch

ZUMBA Gold

Our Zumba Gold instructor Eva Key is recuperating from her knee injury. Her return date has not yet been announced. We are still meeting at the Kiwanis building Tuesdays at 1pm for Arthritis Foundation exercise until we resume our Zumba Gold classes.



For those with Parkinson's, stroke, other neurological disorders or an aging voice.

THIS IS FOR YOU

SongShine music-based vocal therapy workshops are designed to provide a positive learning experience in which music lifts your spirit, touches your heart, releases memories and strengthens your speaking voice. Learn why music is beneficial to the brain and how it helps improve speech function using the SongShine method.

IT'S FUN AND TUITION IS FREE

Workshop Schedule

When: Every Tuesday, October 30th to December 18th, 2012
Time: 1:00 to 1:30 pm - Registration (first week only)
1:30 pm to 2:30 pm - Class
Where: The Village at Hamilton Pointe
3800 Eli Place
Newburgh, IN 47630
(near the corner of 164 and the Lloyd Expressway)
Resource Kit: Includes Textbook, CD's, Bookstand, Carry Bag is \$45
Call: Colleen Martin (812) 598-8332 or register on our website
Website: www.SongShineforparkinsons.org

MISSION

To provide effective music-based vocal therapy classes for persons whose speech has been compromised by Parkinson's disease, other neurological disorders, or aging.

Ruthana Metzgar, D.M.A. - Founder and Director

RESULTS

- Stronger Voices
- Clearer Diction
- Improved Breath Control
- Brighter Spirits
- Improved General Health
- Creates Community
Camaraderie
Confidence



Thanks to our Business Sponsors for 2012:

- *Bayer's Plumbing- (812) 853-2305- is our Sundae/Fruitful Fridays sponsor.
- *Heritage Federal Credit Union-(812) 253-6928-is our Internet Cafe/Printer sponsor.
- *Titzer Funeral Homes-(812) 853-8314 - is our Birthday Cake sponsor.
- *Zion UCC Church, Newburgh, is our Hospitality Sponsor.