

# Newburgh Senior Center

## July 2012 Newsletter



Newburgh Senior Center

529 Jefferson St.

Newburgh, IN 47630 (812) 853-5627 Fax: 853-5629

NewburghSeniorCenter.com Lisa1ashlyn@aol.com

Hours: Monday - Friday, 9am to 2pm

Lisa Goff, Manager

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### BIG NEWS- 2012 Warrick County Community Foundation MVP ("Most Valuable Philanthropist") Nominees

**Congratulations to the Warrick County Community Foundation 2012 MVP nominees who are also dear friends of the Newburgh Senior Center.**

**Theses folks were among fifteen Warrick County citizens honored for their efforts in our community to make life better.**

**Thank you for all you have done for the Newburgh Senior Center. We truly appreciate you.**

**John Barrett**

**Joe Schitter**

**Suzan and Arnold Sorensen**

**Newburgh BBQ Coalition**

#### Happy Birthday

Carman Edmonson - July 5

Allen Gomoll - July 10

Wanda Tisdale - July 20

Sally McGregor - July 23

Janine Asher - July 24

Rudolf Fischer - July 25

Thanks to our July Day Sponsor:

July 06 is sponsored by Joe Schitter, a Center Board member, in celebration of his wife, MaryBeth's Birthday. Thank you Joe and MaryBeth for being such joyful supporters of the Center.

Welcome new members

*Dave Asher*

*Jerry & Mary Lou Benkert*

*Jack Trainum*

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Welcome new AARP employee Toni Martindale; we are glad she has joined Marlene in helping us here at the center.

Safe Driving Course

The next course will be held Friday, July 27 at the senior center from 9:30 to 2pm. See Lisa to register.

A few of our upcoming events this month:

\*Tuesday, July 3 will be carry-in meal instead of SWIRCA meal at the center at 11:30. Gerald will cook the meat. Please bring a summer side to share; we especially love garden items! (The center is closed the following day, July 4.)

\*Friday, July 6 is Senior Class Kazoo Band Recognition Day; Kazoo BINGO after lunch!

\*Energizing Indiana home energy assessment info, Tuesday, July 10 at noon.

\*Senior Hobby Show and Tell is Friday, July 20 at noon. Bring a hobby item or pictures of a trip, event, or special time to share.

\*Card making with Jane is Wednesday, July 25 at noon.

\*AARP Driver Safety Course is Friday, July 27 from 9:30 to 2pm. See Lisa to register.

## Health & Wellness:

\*Yoga demonstration is Thursday, July 5 at noon, before our SWIRCA exercise.

\*Nutrition Class is Thursday, July 19 at noon.

\*Nursing Students from ITT Breckinridge School of Nursing will visit us on Mondays and Thursdays this month. They do blood pressure checks for us.

\*Walking Club meets Tuesdays and Fridays at the center at 10:15 a.m.

\*Zumba Gold is Tuesdays at 1pm at the Kiwanis Building.

\*Tai Chi for beginners is Thursdays at 9:30; advanced at 10:00.

\*Arthritic Stretch Monday, Wednesday, and Friday at 11:00.



## **Thanks to our Business Sponsors for 2012:**

\*Bayer's Plumbing- (812) 853-2305- is our Sundae/Fruitful Fridays sponsor.

\*Heritage Federal Credit Union-(812) 253-6928-is our Internet Cafe/Printer sponsor.

\*Titzer Funeral Homes-(812) 853-8314 - is our Birthday Cake sponsor.

\*Zion UCC Church, Newburgh, is our Hospitality Sponsor.

\*\*\*\*\*The Senior Class Kazoo Band is on its summer vacation. But keep your kazoos handy for our July 06 BINGO and Sing a Long.

