

Newburgh Senior Center

September 2014



Newburgh Senior Center

529 Jefferson St.

Newburgh, IN 47630 (812) 853-5627 Fax: 853-5629

NewburghSeniorCenter.com Lisa1ashlyn@aol.com

Hours: Monday - Friday, 9am to 2pm

Lisa Ashby Goff, Manager



Happy Birthday

Pattii Rusche - September 7

Susie Cunningham - September 12

Bonnie Seibert - September 18

Jahanara Tapal - September 18

Hilda Wollum - September 22

Mary Lou Benkert - September 23

Bob Seibert - September 28

“Senior Class” Kazoo Band News September 2014

We're BACK!!!!!!!!!!!!!! Haven't you missed singing? Our nursing home audiences have been asking for us and we are ready to go. Now is the time to join. You always wanted to play an instrument and it's not too late. It will be a great way to lift your spirits and help others. We will provide you a kazoo and all the support you need to have a great time.

***Wednesday, September 03-12:45-Practice**

***Wednesday, September 10-at 2:30 pm –Perform at Newburgh Healthcare. Please be there by 2:15 pm.**

***Thursday, September 18 at 2:30 pm –Perform at Woodlands. Please be there by 2:15 pm**

***“Old Fashioned Picnic” DINNER-
Kicking off Porkapalooza 2014***



Tuesday, September 09, 2014 from 5:30 to 7 pm**

Menu will be pulled pork sandwich and an assortment of celebrity prepared side dishes or desserts to sample and judge. Who knows what wonders await??

What dishes will delight?

Newburgh Celebrity Chefs featured

Ron Rhodes, Daybreak Meteorologist, Channels-WEHT 25 and WTVW-7

Doug Gresham, Principal-Castle High School, Newburgh

Geo Wilkinson- President, Women’s Club of Newburgh

“Miss Linda” Spillman Bruns- StoryTeller and Children’s Librarian-Ohio Township Central Library

Bob Lacer-President of Warrick County Community Foundation

Cindy Nord-Nationally known author of historical romance fiction-“No Greater Glory’ and her latest, “With Open Arms”

Lori Buehlman, Newburgh Town Manager

Shaun Angel, Owner- Livewell featuring Flex 151, Newburgh

Mystery Chef-???????????

This year’s Celebrity Judge will be Jeannie Kellams, owner of Cleo’s Bakery and Sandwiches, Newburgh

*****Please let Lisa Ashby Goff know you will be attending so we have enough pork!***

We appreciate our September Day Sponsors.

- *September 05 is sponsored by Pat and Don Brooks in honor of their 50th wedding anniversary. Congratulations on 50 year of marriage. That is a BIG milestone! We thank Pat and Don for all they do for our area.
- *September 06 is the 28th wedding anniversary of Mike and Becky Ziga. Congratulations on your anniversary. Have a wonderful day. We thank you for your continued support of the Center.
- *September 07 is Grandparents Day and is sponsored by Judy Lopez. Judy serves on our board and is a grandparent of some pretty wonderful grandchildren. Thank you Judy for serving on our board and for all you have done for us.

- *September 17 would have been the 59th wedding anniversary of Elaine and Allen Gomoll. Elaine passed in 2013 and was a lovely lady Thank you Dr. Gomoll and daughter Lisa Garrett for honoring your good memories by being a Day sponsor.

- *September 19 is the birthday of Diane Shinn. Diane has been a piano teacher to so many students. Bill and Diane have been wonderful sponsors of the Center, Happy Birthday Diane. Bill loves to make your day by getting your birthday sign up for all of Newburgh to see.

- *September 22 is sponsored by Cleo Holder of Shoemaker Financial. Cleo has been a supporter of seniors and our Center for a long time. He says he wants to make sure it is open when he needs it. Thank you Cleo. That time will pass and be here before you know it.

- *Thank you Bill and Diane Shinn. Bill is sponsoring September 19th, which is Diane's birthday. Happy Birthday Diane!!! And thank you both for being good friends to the Center.

Thanks to our Business Sponsors for 2014:

- *Tom & Penny Bodkin-our garden and Landscaping Sponsor
- *Family of Tennis Hatfield-National Christian Foundation-Newspaper Sponsor
- *Ohio Township-Activity Sponsor
- *Christian Science Society of Boonville Irrevocable Trust Fund
- *Heritage Federal Credit Union-(812) 253-6928-is our Internet Cafe/Printer Sponsor.
- *Titzer Funeral Homes-(812) 853-8314 - is our Birthday Sponsor.
- *Zion UCC Church, Newburgh, is our Hospitality Sponsor.
- *Bayer's Plumbing- (812) 853-2305- is our Sundae Friday Sponsor.

PORKAPALOOZA IS COMING!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!

The Fall 2014 "Porkapalooza" BBQ Fundraiser for the Newburgh Senior Center will take place on Friday, October 03 and Saturday, October 04, starting at 11 am till 2 pm at the Newburgh Senior Center, 529 Jefferson Street, Newburgh, IN. The famous "Newburgh BBQ Coalition" will be smoking the pork! This is the last "Smoke" open to the public by the Coalition in 2014, so be sure to stock up some smoked tenderloins and baby back ribs for the long winter! Full slabs of baby back ribs will sell for \$25 and smoked pork tenderloins will sell for \$15, or 2 for \$25. Pickup of ribs and tenderloins will be Saturday, October 04, starting at noon. Pre-orders are preferred and will insure you get the best smoked pork in the area.

Pulled Pork Sandwich lunches, including chips and a drink will be available on Friday, October 03 and Saturday, October 04, for just \$5.00. Eat in or carry-out from 11 am to 2 pm. Call in group orders of 4 or more to 853-5627 and we will have them ready for you to pick up.

Don't be disappointed. Pre-Order your ribs and tenderloins by October 01 by calling Colleen at [\(812\)-598-8332](tel:812-598-8332) or ordering with Lisa at the Center.

Just a few of our Upcoming Events:

Card-making with Jane is Wednesday, September 16 @ Noon.

Roll-in on the River Cruise-in evening, downtown Newburgh

Porkapalooza is Friday and Saturday, October 3rd and 4th. There will be no SWIRCA lunch on Friday the 3rd. Pulled pork sandwich lunches will be available for \$5. All proceeds go to senior center. Thank you to Colleen Martin for organizing this event and for all the other dedicated volunteers and generous donors.

Also on Saturday, October 4th... Grant's View Musical Festival... Please RSVP by September 24 to Bennie or Cora Lee @ 812-853-3646

Health & Wellness:

*Arthritis Foundation exercise is Monday, Tuesday, and Friday at 11am.

*SWIRCA exercise is Thursdays at 12:30.

*Tai Chi with Sifu Ron Weatherford at Kiwanis building is Thursday mornings at 9:30am. If you can't make this day and time please visit sifuron.com for a class schedule of other locations and times.

*Stretch & Go Yoga with "O" is on Wednesday mornings at 10:45 at the senior center, \$4 per person. If you are unable to make this day and time, please call Opal at (423) 313-0404 for other available locations/times.

*See September Calendar for the ENTIRE schedule of activities & events.
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SONGSHINE Class begins again in September 2014

SONGSHINE IS UNLOCKING SPEECH WITH SONG

Losing the ability to speak and communicate clearly can be devastating. But for voices affected by Parkinson's, stroke, other neurological disorders or simply aging, singing can bring energy and life back to speech. Strengthening speaking voices is the mission of SongShine Foundation, a nonprofit public charity that sponsors music-based voice therapy programs using classical singing exercises, speech and respiratory therapy methods, rhythmic movement, and group singing to enhance speech. SongShine's emphasis on singing also helps lift spirits; touch hearts release memories and create camaraderie as participants sing their way to stronger speech. It's FUN!

Classes will meet weekly Tuesday September 16, 2014 through December 16 2014 from 1:30 - 2:30 (1st week only come at 1:00 for registration). Location: Aldersgate United Methodist Church, 5130 Lincoln Avenue, Evansville, IN (From Green River Road go East). Classes are FREE. A Resource Kit (Textbook, CDs, Bookstand, Carry Bag) is \$45. Call Colleen Martin (812) 598-8332 or register on our Facebook - SongShine Evansville or WWW. SongShineforParkinsons.org . Classes are taught by Certified SongShine Instructors.