

Newburgh Senior Center Activities

July 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 *Noon-Clabber *Noon – Scrabble BIRTHDAY MONDAY by Titzer Family Funeral Homes	3 *11:00 Exercise *11:00 Bridge	4 Closed for Independence Day	5 *11:00 Exercise *Noon Scrabble	6 *11:00 Exercise *11:30 Lunch by Cypress Grove *Noon Bingo by Bell Oaks	Every Friday this year is Free Lunch Friday. Join the fun!
8	9 *11:00 Exercise *Noon-Clabber *Noon – Scrabble	10 *11:00 Bridge *11:00 Exercise	11 *8:00 NSC board mtg. *10-11:00 iSenior help with phones and iPads *11:00 Exercise *12:30 Euchre	12 *9:30, 10:00 Tai Chi at Zion UCC * 11:00 Exercise *Noon Scrabble *Noon Bingo by Oasis	13 *11:00 Exercise *Noon Cards with Jane Lunch by Atria	Even if it isn't listed every day, we exercise at 11 a.m., Monday-Friday. Come and join us for stretches, balancing & muscle builders.
15	16 *11:00 Exercise *Noon-Clabber *Noon – Scrabble	17 *11:00 Bridge	18 *10-11:00 iSenior help with phones and iPads *11:00 Exercise *Noon Bingo by Horizons *12:30 Euchre	19 *9:30, 10:00 Tai Chi *11:00 Exercise *Noon Scrabble *Noon Bingo by Cypress Grove	20 *11:00 Exercise *11:30 Lunch by Dr. Gomoll *Noon Bingo by Heritage Hospice	21
22	23 *11:00-Exercise *Noon-Clabber *Noon - Scrabble	24 *10:00 Computer help *11:00 Bridge *Bingo by Omni Health Care	25 *11:00 Exercise *12:30 Euchre *Noon Women's Hospital program about incontinence prevention and treatment	26 *9:30, 10:00 Tai Chi *11:00 Exercise *Noon Scrabble	27 *11:00 Exercise *11:30 Lunch by Hamilton Pointe *Noon Bingo by Asera Care	28 Please note the calendar is subject to change.
29	30 *11:00 Exercise *Noon Clabber *Noon Scrabble	31 *10:00 Computer help *11:00 Bridge				The SWIRCA menu isn't clear about Friday lunches. If we are open, we're having lunch here at 11:30!