

SWIRCA & More

December 2019

Monday	Tuesday	Wednesday	Thursday	Friday
2 Chicken Patties Scalloped Potatoes Seasoned Green Beans Bread/Marg Cookie Milk	3 Ham & Beans Spinach Cornbread/Margarine Snack Cake Milk	4 Sausage Pattie Potato Pancake Country Gravy Southern Style Gravy Donut Stix Milk	5 Homemade Beef Stew Seasoned Cabbage Biscuit Peach Cup Milk	6 Lunch By Cypress Grove
9 BBQ Riblet on Bun Homemade Macaroni & Cheese Brussel Sprouts Applesauce Cup Milk	10 Beef w/Gravy Buttered Noodles Green Beans Bread/Marg Cupcake Milk	11 Hot Dog on Bun Baked Beans Tri-Taters (2) Pudding Cup Milk	12 Baked Chicken Breast Mashed Sweet Potatoes Broccoli Mixed Fruit Cup Milk	13 Newburgh Senior Center Christmas Lunch
16 Hamburger on Bun Tater Tots French Style Green Beans Peach Cup Milk	17 Sloppy Joe on Bun Baby Bakers Mixed Vegetables Fruit Cup Milk	18 Sliced Roast Turkey w/Gravy Mashed Potatoes Peas & Carrots Cherry Crisp Bread/Margarine Milk	19 Chicken Parmesan Corn Broccoli Bread/Margarine Cookies Milk	20 Lunch by the Islamic Center
23 Meatballs w/Gravy Noodles Corn Pineapple Cup Milk	24 CLOSED CHRISTMAS EVE	25 CLOSED CHRISTMAS DAY	26 Fried Egg Sausage Pattie Country Gravy Southern Style Biscuit Donut Stix Milk	27 Lunch by Hamilton Pointe
30 Polish Sausage Mashed Potatoes Sauerkraut Warm Applesauce Rye Bread/Margarine Milk	31 Penne Pasta w/Meat Sauce Italian Vegetables Texas Toast Warm Spiced Peaches Milk	<p>Your meal is provided on a donation basis, whatever you can afford to contribute. There is no set fee or charge. A suggested donation is \$3.50 per meal. Cash, checks, or Food Stamps are accepted.</p> <p>Meat/Entrée: 2 1/2 - 3 oz Veg/Salad/Dessert: 1/2 cup Margarine: 1 teaspoon Bread: 1 slice Milk: 1/2 pint Casseroles, 8oz</p>		<p>Operated by the SWIRCA & More Nutrition Program 16 W. Virginia St Evansville, Indiana 812-464-7807</p>