

SWIRCA & More

February 2022

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Chicken Parmesan Garlic Mashed Potatoes California Blend Bread/Marg Pudding Cup Milk	2 Pork Pattie w/Gravy Lima Beans Spinach Bread/Marg Cherry Ambrosia Milk	3 Hamburger on Bun Roasted Red Skin Potatoes Stewed Tomatoes Brownie Milk	4 Goulash Peas Dinner Roll Pie Milk
7 Spaghetti w/Meat Sauce Italian Vegetables Warm Spiced Apples Texas Toast Tropical Fruit Cup Milk	8 Chicken & Waffles w/Syrup Mixed Fruit Orange Milk	9 Ham & Beans Oven Fried Potatoes Cornbread Peach Cup Milk	10 BBQ Chicken on Bun Homemade Macaroni & Cheese California Blend Stawberry Applesauce Milk	11 Potato Crusted Fish Scalloped Potatoes Broccoli Wheat Bread/Marg Pudding Cup Milk
14 Stuffed Pepper Cauliflower Corn Bread/Marg Brownie Milk	15 Chicken Pattie Asparagus Roasted Potatoes Bread/Marg Pear Cup Milk	16 Sausage Pattie Country Gravy Biscuit Hash Brown Pattie Applesauce Donut Stick Milk	17 Meatloaf Mashed Potatoes Carrots Wheat Bread/Marg Mixed Fruit Cup Milk	18 Chili w/Beans Baby Bakers Broccoli Crackers Pudding Cup Milk
21 CLOSED PRESIDENT'S DAY	22 Chicken & Noodles Mashed Potatoes French Style Green Beans Bread/Marg Cookies Milk	23 Italian Chicken Pattie Baked Potato w/Sour Cream Vegetable Blend Bread/Marg Peach Cup Milk	24 Homemade Beef Stew Seasoned Cabbage Biscuit Snack Cake Milk	25 Sloppy Joe on Bun Macaroni & Cheese Mixed Vegetables Fruit Cup Milk
28 Turkey Manhattan (Turkey, Mashed Potatoes, Gravy, & Bread) French Style Green Beans Mandarin Oranges				Operated by the SWIRCA & More Nutrition Program 16 W. Virginia St Evansville, Indiana 812-464-7807