

SWIRCA & More

February
2023

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Operated by the SWIRCA & More Nutrition Program 16 W. Virginia St Evansville, Indiana 812-464-7807</p>		<p>1 Pork Pattie w/Gravy Lima Beans Spinach Bread/Marg Cherry Ambrosia Milk</p>	<p>2 Hamburger on Bun Roasted Red Skin Potatoes Stewed Tomatoes Jello w/Fruit Milk</p>	<p>3 Goulash Green Peas Roll Pie Milk</p>
<p>6 Penne Pasta w/Meat Sauce Italian Vegetables Warm Spiced Apples Texas Toast Tropical Fruit Milk</p>	<p>7 Smoked Pork Chop Sweet Potato Brussel Sprouts Bread/Marg Fruit Cobbler Milk</p>	<p>8 BBQ Chicken on Bun Homemade Macaroni & Cheese California Blend Strawberry Applesauce Milk</p>	<p>9 Ham & Beans Oven Fried Potatoes Cornbread Fruit Cup Milk</p>	<p>10 Potato Crusted Fish Scalloped Potatoes Broccoli Wheat Bread/Marg Pudding Cup Milk</p>
<p>13 Chicken Pot Pie w/Biscuit Topping Corn Warm Spiced Peaches Brownie Milk</p>	<p>14 Chicken Pattie Red Skin Potatoes Asparagus Bread/Marg Pear Cup Milk</p>	<p>15 Sausage Pattie Country Gravy Biscuit Hash Brown Pattie Applesauce Cup Milk</p>	<p>16 Meatloaf w/Gravy Mashed Potatoes Carrots Wheat Bread/Marg Mixed Fruit Cup Milk</p>	<p>17 Chili w/Beans Baby Bakers Broccoli Crackers Pudding Cup Milk</p>
<p>20 CLOSED FOR PRESIDENT'S DAY</p>	<p>21 Smoked Sausage Roasted Red Skin Potatoes Squash Roll Snack Cake Milk</p>	<p>22 <u>Ash Wednesday</u> Potato Crusted Fish Homemade Macaroni & Cheese French Style Green Beans Wheat bread/Marg Applesauce Milk</p>	<p>23 Homemade Beef Stew Seasoned Cabbage Biscuit Pudding Cup Milk</p>	<p>24 Italian Chicken Pattie Baked Potato w/Sour Cream Vegetable Blend Bread/Marg Peach Cup Milk</p>
<p>27 Sweet & Sour Chicken Rice Broccoli Mandarin Orange Cup Bread/Marg Milk</p>	<p>28 BBQ Pork on Bun Cheesy Potatoes Carrots Mixed Fruit Cup Milk</p>			